

# UNIT 4

## Sitcom: *What's in the salad?*

### SCENE 1

**A. Read the statements. Then circle the responses you hear in the video episode.**

#### Statements

1. **Waitress:** "Are you ready to order?"
2. **Cheryl:** "Excuse me. I have a question."
3. **Cheryl:** "What does it come with?"
4. **Cheryl:** "What's in the sauce?"

#### Responses

- a. "Sure."
- b. "We are."
- a. "Yes?"
- b. "OK."
- a. "French fries."
- b. "Salad."
- a. "Lettuce, carrots, peppers, onions, egg ..."
- b. "Lemon, butter, milk ..."

**B. What are the ingredients in each dish? Circle the ingredients the waitress talks about.**

1. The lamb is cooked with \_\_\_\_\_.      pepper      onions      salt
2. The tomato salad is made with \_\_\_\_\_.      garlic      onions      olive oil
3. The fish is made with \_\_\_\_\_.      lemon      butter      yogurt
4. The large salad is made with \_\_\_\_\_.      tomatoes      carrots      egg

**C. Complete the sentences. Circle the correct answers.**

1. Cheryl does not eat a lot of \_\_\_\_\_.  
a. vegetables      b. dairy      c. meat
2. Cheryl wants \_\_\_\_\_ instead of french fries.  
a. a tomato salad      b. a mixed green salad      c. grilled vegetables
3. Cheryl does not want the lamb because it has a lot of \_\_\_\_\_.  
a. salt      b. pepper      c. oil
4. Cheryl decides to have \_\_\_\_\_ for an appetizer.  
a. a tomato salad      b. a mixed green salad      c. nothing
5. Cheryl decides to have a large salad with no \_\_\_\_\_.  
a. tomato      b. egg      c. onion

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## Sitcom: *What's in the salad?*

### SCENE 2

#### A. Check ☒ each statement True or False.

- |   | True                     | False                    |
|---|--------------------------|--------------------------|
| 1. Cheryl eats some of Bob's dessert.                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Marie wants to know how many calories are in the cake. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Cheryl tells her friends to eat healthy food.          | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Paul doesn't think vegetables are good for snacks.     | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. The waitress gives Bob the check.                      | <input type="checkbox"/> | <input type="checkbox"/> |

#### B. Check ☒ the health tips Cheryl talks about in the video episode.

- |  |  |
|--|--|
| <input type="checkbox"/> Don't eat dessert.        | <input type="checkbox"/> Don't eat foods with a lot of calories. |
| <input type="checkbox"/> Eat seafood.              | <input type="checkbox"/> Drink a lot of water.                   |
| <input type="checkbox"/> Don't eat chocolate.      | <input type="checkbox"/> Eat small portions.                     |
| <input type="checkbox"/> Don't eat potato chips.   | <input type="checkbox"/> Eat meat.                               |
| <input type="checkbox"/> Don't eat a lot of bread. | <input type="checkbox"/> Eat vegetables for snacks.              |

#### C. Complete the sentences with words from the box.

cake    vegetables    cookies    dessert    french fries



1. "I love \_\_\_\_\_!"



2. "Do you know how many calories are in that \_\_\_\_\_?"



3. "Or how much salt was on your \_\_\_\_\_?"



4. "Tomorrow, I'm eating lots of \_\_\_\_\_ ... for snacks."



5. "And I'm having potato chips, \_\_\_\_\_ for breakfast ..."

# UNIT 4

## Interview: *Do you eat healthy foods?*

### A. Circle the foods each person talks about.



nuts  
fruit  
fish  
vegetables



ice cream  
soda  
chips  
candy



potatoes  
yogurt  
chicken  
rice



an egg  
bacon  
milk  
wheat toast

### B. Check ☒ each statement True or False.

1. Lorayn always eats healthy foods.
2. Matt is not a big fan of spicy foods.
3. Jessica says it's OK to eat sweet foods, but not too much.
4. Cortyan never eats vegetables.
5. Matt says wheat toast is part of a good breakfast.

True

☐  
☐  
☐  
☐  
☐

False

☐  
☐  
☐  
☐  
☐

### C. Fill in the missing words you hear in the video segment.

"In your opinion, what is healthy food?"



"I think like a lot of green things like \_\_\_\_\_ and  
\_\_\_\_\_ 1. \_\_\_\_\_ and \_\_\_\_\_ 2. \_\_\_\_\_ 3. are very healthy."

"What foods would you consider unhealthy?"



"Those fast foods, \_\_\_\_\_ 4. \_\_\_\_\_, um ... \_\_\_\_\_ 5. \_\_\_\_\_."